



USAGE OF PSYCHONEUROBIC FOR PROPER FUNCTIONING OF KIDNEY

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Abstract

Human body which is the ultimate gift for all beings given by the Supreme Being to perform actions for the enjoyment in this human world. This human body comprises of various machines like Heart, Kidneys and Lungs etc. which performs with the manifestation of the energy of being. The human body is an amazing energy system; imbalance at any level will ultimately manifest itself into the physical symptoms. So we can certainly heal our physical symptoms by tapping spiritual healing currents from the 'Supreme Doctor' through the technique named as 'Psychoneurotic'. Although, every organ in the human system has its own role to perform. Out of all these one of the important is 'Excretory System' which function by the vital organ called as 'Kidney'.

Keywords: Kidney, Organ, Human



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INTRODUCTION: Each kidney is attached to a ureter, a tube that carries excreted urine to the bladder. The nephron utilizes four processes to alter the blood plasma which flows to it: filtration, reabsorption, secretion, and excretion. Renal physiology is the study of kidney function.^[1] Procedures used in the management of kidney disease include chemical and microscopic examination of the urine (urinalysis), measurement of kidney function by calculating the estimated glomerular filtration rate (eGFR) using the **serum creatinine**; to evaluate for abnormal anatomy. **Creatinine** is a breakdown product of creatine phosphate in muscle, and is usually produced at a fairly constant rate by the body (depending on muscle mass). creatinine (a blood measurement) is an important indicator of renal health because it is an easily measured byproduct of muscle metabolism that is excreted unchanged by the kidneys. Creatinine itself is produced^[3] via a biological system involving creatine, phosphocreatine (also known as creatine phosphate), and adenosine triphosphate (ATP, the body's immediate energy supply). Creatinine is removed from the blood chiefly by the kidneys, primarily by glomerular filtration, but also by proximal tubular secretion. Little or no tubular reabsorption of creatinine occurs. If the filtration in the kidney is deficient, creatinine blood levels rise. Therefore, creatinine levels in blood and urine may be used to calculate the creatinine clearance (CrCl), which correlates approximately with the glomerular filtration rate (GFR). Blood creatinine levels may also be used alone to

calculate the estimated GFR (eGFR).The GFR is clinically important because it is a measurement of renal function. However, in cases of severe renal dysfunction, the CrCl rate will overestimate the GFR because hypersecretion of creatinine by the proximal tubules will account for a larger fraction of the total creatinine cleared.

An alternate estimation of renal function can be made when interpreting the blood (plasma) concentration of creatinine along with that of urea. BUN-to-creatinine ratio (the ratio of blood urea nitrogen to creatinine) can indicate other problems besides those intrinsic to the kidney; for example, a urea level raised out of proportion to the creatinine may indicate a prerenal problem such as volume depletion.

Each day, 1–2% of muscle creatine is converted to creatinine.The conversion is nonenzymatic and irreversible. Men tend to have higher levels of creatinine than women because, in general, they have a greater mass of skeletal muscle Increased dietary intake of creatine or eating a lot of protein (like meat) can increase daily creatinine excretion.

The creatinine levels in your body are usually dependent on the muscle mass, gender, age, and other health factors. They are often measured in milligrams per deciliter.

CATEGORY	CREATININE LEVELS
Adult Males	0.6 to 1.2 mg/dl
Adult Females	0.5 to 1.1 mg/dl
Infants	0.2 mg/dl
Individuals with only one kidney	1.8 to 1.9 mg/dl

It was identified that when the level of creatinine increases it causes improper functioning of the kidney and gradually it leads to the kidney failure.

The intention is to provide practical applications and solutions that will enable the human community towards reviving the quality of life into oneself and to the global community.

METHODOLOGY

In psycho-neurobic's, as divined to Dr. Chandrashekhar, inner refinement is the fundamental fabric in creating a universe of wholeness. During his research journey and continuous efforts to serve the mankind he has guided Mr. Rajesh Takiyar who was suffered from acute problem of kidney malfunctioning due to increased level of creatinine, the psycho-neurobic technique is used to heal kidney malfunctioning by regulating level of creatinine. As per the clinical data mentioned in table 1 we can observe and compare that the creatinine level was 3.38mg/dL in the month of December 2017, 3.84mg/dL in March 2018, 4.49mg/dL in April 2018, 4.90mg/dL in May 2018 and 4.73mg/dL in July 2018. Where the level of creatinine was increasing from December 2017 to May 2018 when the patient was taking other

medicines. He started practising psychoneurobics from 26th May 2018 in which he was guided to practice Neurobi spa meditation in Apanvayu mudra (twice a day), Indigo color with the sound of ‘AU’ in Akash mudra for 15 minutes (twice a day), Violet color with the sound ‘HMM’ in Pranvayu mudra for 15 minutes (three times a day), Orange, Green and Sky blue color light induction mentally, mental attunement with 3D (Orange, Green and Sky Blue Color Stereographic Image of each colour) concentration plate, physical preparation of our Divined Cosmic connectedness and more. Along with this charged rice grains (21-23) with yellow color once and charged water with orange colour 3-4 litres per day, Raw haldi in luke warm water once a day. He has used this method to heal his Kidney-creatinine problem for 45 days regularly and the result was miraculous where the creatinine level goes down from 4.90 mg/dL to 4.73mg/dL (after 45 days) whereas with other medication processes it was continuously increasing.

RESULT

Psycho Neurobics is the exercises of transferring spiritual Energy in neuro cells by connecting psyche (mind) to the Supreme Source of Spiritual Energy (GOD). It is the best methodology to guide your mind in order to utilize mind power for creative work, to heal your body and to keep body and mind healthy. It is a trident approach with neuro-muscular-respiratory action, sound vibrations and visualization of different colours of invisible healing rays coming from the Almighty GOD make Psycho Neurobics highly effective to ensure a cure from various diseases. Here we can see the results of clinical studies and compare it to the test results of Biowell.

Table: 1

TEST NAME	RESULT					UNITS	BIO.RE F. INTER VAL

KIDNEY PANEL; KFT, SERUM (SPECTROPHOTOMETRY, INDIRECT ISE)	28/12/2017	23/03/2018	08/04/2018	08/05/2018	16/07/2018		
Urea	62.80	64.70	81.00		75.40	mg/dl	17.00-43.00
Creatinine	3.38	3.84	4.49	4.90	4.73	mg/dl	0.67-1.17
Uric Acid	5.60	5.20	7.20	6.1	6.10	mg/dl	3.50-7.20
Calcium, Total	8.80	8.20	8.50	8.6	8.60	mg/dl	8.80-10.60
Phosphorus	3.10	3.40	3.80		3.80	mg/dl	2.40-4.40
Alkaline Phosphatase (ALP)	118	150	1.48		1.34	U/L	30-120
Total Protein	7.26	6.79	7.10	7.7	6.61	g/dl	6.40-8.30
Albumin	4.06	4.33	3.97	3.9	3.84	g/dl	3.50-5.20
A:G Ratio	1.27	1.76	1.27		1.39		0.90-2.00
Sodium	136.30	138.30	142.00	140.00	136.10	mEq/L	136.00-146.00
Potassium	4.66	4.45	4.26	4.8	4.03	mEq/L	3.50-5.10
Chloride	107.90	112.00	113.00	105	108.90	mEq/L	101.00-109.00

CONCLUSION: It is evident that when patient has started using Psychoneurobic the creatinine level started reducing. In the table it is clear that in the report ie. 8th May 2018 the creatinine level was 4.90mg/dL but after regular practice it falls down to 4.73mg/dL as per report dated 16th July 2018. Thus improving the functions of 'Kidney'.

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